

PE Planned Learning Journey

Year 7-9

Wk commencing	Boys	Girls	Mixed	All
18 th May	Cricket Assessment	Tennis Assessment	Rounders Assessment	Athletics Assessment
25 th May – Half term				
1 st June	Tennis Serve	Cricket Bowling	Tennis Serve	Softball Bowling
8 th June	Tennis Forehand groundstroke	Cricket Batting (attacking shot)	Tennis Forehand groundstroke	Softball Batting (attacking shot)
15 th June	Tennis Backhand groundstroke	Cricket Fielding	Tennis Backhand groundstroke	Softball Fielding
22 nd June	Tennis Volley	Cricket Batting (defensive shot)	Tennis Volley	Softball Batting (defensive shot)
29 th June	Tennis Assessment	Cricket Assessment	Tennis Assessment	Softball Assessment
6 th July	Rounders Bowling & Fielding	Rounders Bowling & Fielding	Cricket Bowling & Fielding	Athletics Middle distance (800m)
13 th July	Rounders Batting	Rounders Batting	Cricket Batting	Athletics Triple jump
20 th July	Rounders Assessment	Rounders Assessment	Cricket Assessment	Athletics Assessment

Year 10

Wk commencing	Boys	Girls	Mixed
18 th May	Cricket Assessment	Tennis Assessment	Rounders Assessment
25 th May – Half term			
1 st June	Tennis Serve	Rounders Bowling	Cricket Bowling
8 th June	Tennis Forehand groundstroke	Rounders Batting (attacking shot)	Cricket Batting (attacking shot)
15 th June	Tennis Backhand groundstroke	Rounders Fielding	Cricket Fielding
22 nd June	Tennis Volley	Rounders Batting (defensive shot)	Cricket Batting (defensive shot)
29 th June	Tennis Assessment	Rounders Assessment	Cricket Assessment
6 th July	Athletics Sprinting (100m/200m)	Athletics Sprinting (100m/200m)	Athletics Sprinting (100m/200m)
13 th July	Athletics Long jump	Athletics Long jump	Athletics Long jump
20 th July	Athletics Assessment	Athletics Assessment	Athletics Assessment